

What if I told you that there was a different way to view the world?

Have you ever thought how the jasmine plant on the bus stop has sprung up between the cracks in the footpath? Notice the beauty in this delicate balance between tender and rough? Have you ever wondered how the wrinkles fold up into a smile whenever old men share their childhood memories? You see that momentary spark in there – a small glimpse into the past where everything was young and magic for them. If you do, you are among those few who have the 'vision'.

How about sharing these and much more such subtleties in the most ordinary of things with your friends or just keeping it for yourself?

Photography, just like painting is an expression. A reflection that not only captures the moment but also gives an insight into the minds of a photographer. You can compare works of two photographers and they will never be the same.

But, I don't have a Camera. And it's so costly. (

You, of course, don't need the most professional gear to become a photographer. Anything will do. Yes, that childhood roll camera will do even! Or your phone! Yes! That's all. Still not satisfied right?

Why should I bother with this photography, photography?

Well what if I told you that within the first few days, when you are exerting yourself as a photographer, you will notice a dynamic shift in perspective. And this shift in perspective is not just how you view an object through your lens, it's also shapes up your view of the world and the daily nuances of the day to day life.

It has been scientifically proven that the skill 'photography' plays a big role in elevating the three important networks in our brain associated with creativity- namely The Attentional Control Network, The Imagination Network, The Attentional Flexibility Network. And also, it has been proven to reduce anxiety, stress and improve the general mood of a person.

But, enough of these medical jargons!

Oh! the lure of clicking away everything around you is so alluring. But like any other skill, this one, in particular can be sharpened- So that your limitations doesn't get in the way of your imagination, creativity and the 'vision'. Learn the basics (Trust me, it's no big deal) and go around spreading love and treasuring memories.